



“Joy of All Who Sorrow”

No. 186 October, 2024



March for Life 2024

With the blessing of Bishop Irenei, on Saturday 7th September, Fr Mark served a moleben to the Holy Innocents in a park in central London for Orthodox participants on the annual March for Life, the largest Pro-life witness in the UK. It was wonderful to see brothers and sisters from many parishes across the country including Cardiff, Cambridge, Oxford and London as well as old friends, Hieromonk Nicholas (Price) and Protopresbyter John Garnett of the Greek Archdiocese. The march went past the Houses of Parliament, 10 Downing Street and Whitehall and as we walked with our ikons and banners we sang the Trisagion in repentance for the sin of abortion and the destruction of innocent life.

Heritage Open Day

On Saturday 14th September we had sixteen or so visitors by foot, car and bicycle who visited the church as part of the National Heritage Open Day and the sponsored Ride & Stride for the Suffolk Historic Churches Trust. Fr Mark was in the church from 9am – 5pm and had a constant stream of visitors across the day. It was wonderful to meet new people and to show them round our beautiful church and the newly installed ikonostasis. Many visitors were overwhelmed by the beauty of the ikons and the atmosphere of the church and expressed real delight in having this opportunity to visit the church. We hope that some of them may come and see us again.

Gifts & Help

Slightly belated thanks are due Rdr Christopher and Maria Dive for bringing us a collection of beautiful ikons from their recent trip to Russia in August. They kindly gifted to the church ikons of: Sts Peter & Febronia, Wonderworkers of Murom; St Philaret Metropolitan of Moscow; The New Martyrs & Confessors of Russia; an anoly sized ikon of St John of Kronstadt and an Ikon for the Synaxis of the Unmercenary Healers. Thanks also to our newly-weds Grigorios & Anna Voukias who brought us myrrh from the tomb of St Nektarios of Aegina. Finally, thanks are also overdue to our dear friends Sergiu and Nadejda Sacaliuc for their donation and fitting of new lino for the church porch. May God bless you all!

Prospora Baking

Fr Mark ran two prospora baking workshops in September with John Steel and our Starosta Nicholas Mathewson. John and Nicholas have very kindly volunteered to assist in baking the small prospora for the people. If you would also be interested in learning how to bake prospora then please get in touch.

Contact Card

A new church contact card is available in the narthex with full contact information for the church. Please feel free to take one and to put them anywhere that you think people might take them.

Visitation of the Hawaiian Myrrh-streaming Ikon

HOLD THE DATE: Thursday 14th November at approximately 4pm for the visit of the Myrrh-streaming Hawaiian Ikon of the Mother of God to our church in Mettingham. More information next month.



PARISH & COLLEGIATE CHURCH OF THE IKON OF THE THEOTOKOS:

OCTOBER 2024

Wednesday 2nd October

7.30pm ~ *Moleben to Ikon Joy of All Who Sorrow*

Saturday 5th October

7.30pm ~ *Great Vespers & Confessions*

Sunday 6th October

(Conception of St John the Baptist & Myrrh-streaming Hawaiian Ikon of the Theotokos)

10.10am ~ Hours & Divine Liturgy

Wednesday 9th October

7.30pm ~ *Moleben to St John the Theologian*

Saturday 12th October

7.30pm ~ *Great Vespers & Confessions*

Sunday 13th October

(Hieromartyr Gregory of Armenia)

10.10am ~ Hours & Divine Liturgy

Wednesday 16th October

7.30pm ~ *Moleben to Ikon Joy of All Who Sorrow*

Saturday 19th October

7.30pm ~ *Great Vespers & Confessions*

Sunday 20th October

(Martyrs Sergius & Bacchus)

10.10am ~ Hours & Divine Liturgy

Wednesday 23rd October

7.30pm ~ *Moleben to Ikon Joy of All Who Sorrow*

Saturday 26th October

7.30pm ~ *Great Vespers & Confessions*

Sunday 27th October

(Fathers of the Seventh Oecumenical Council)

10.10am ~ Hours & Divine Liturgy

Wednesday 30th October

7.30pm ~ *Moleben to St Varus with Litia for the Departed*

Wednesday 6th November

PATRONAL FEAST: Ikon "Joy of All Who Sorrow"

10.10am ~ Hours & Festal Liturgy followed by Cross Procession

Thursday 14th November

VISITATION OF THE MYRRH-STREAMING HAWAIIAN IKON

4pm ~ Greeting of the Ikon & Moleben

Friday 15th November

FOUNDER'S DAY (Repose of Mary Bond (+2010))

10.10am ~ Hours & Liturgy followed by Litia

For all other services and pastoral needs & inquiries please contact Priest Mark Tattum-Smith on:
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