



“Joy of All Who Sorrow”

No. 183 July, 2024



Our Pilgrimage to St Botolph's Church Iken

On Saturday 15th June on a bright but slightly rainy summer's morning, many parishioners from Mettingham joined pilgrims from our sister parishes in Norwich and Telford as well as other Orthodox parishes in Walsingham and Ipswich for our annual pilgrimage to the ancient church of St Botolph's in Iken, on the exact site where the saint had established his minster in the mid-7th Century. A group of parishioners from St Botolph's Stow Longa in Huntingdon also attended together with church wardens and members of the Anglican community at Iken. After serving a moleben with Akathist to St Botolph with Deacon Andrew, Fr Mark then gave a brief talk on the life of St Botolph and his spiritual significance for Orthodox Christians. Pilgrims then took the opportunity of looking round the church and its ancient stone cross as well as taking in the beautiful views across the church yard and the River Alde, before enjoying a bring-and-share picnic lunch and time of fellowship together. One of the parishioners from our Norwich Parish remarked that pilgrimages like this are such an important opportunity for Orthodox Christians from different parishes to meet up and worship together. We hope to organise a further pilgrimage or two later this year. Our sincere thanks once again to the wonderful church wardens, Louise Cooke and Annabel Chamberlain who brought food and drink and made us very welcome.

More Items from our Wish List arrive

Just before our pilgrimage to Iken we also received another delivery from St Elizabeth's Convent in Minsk which included a Censer Stand, an Anointing oil pot, a Jug and Ewer as well as a few other liturgical items. On the Sunday of Pentecost we also were able to finally bless and use our new large chalice and disks set which complimented the new green veils that Dcn Andrew had made. Thank you to all our generous benefactors, may God bless you!

Ikonostasis

We have received some wonderful photos of the progress that Jiri and Silouan from the Dylan Hartley Ltd workshop are making on our new ikonostasis. The replacement deacon and Royal doors are now finished and waxed together with the panels which will house our new ikons and the columns on the North and South ends. The crosses have also been completed which are modelled on the ancient Anglo-Saxon cross which was found at Ixworth. We hope to have a picture of the new ikonostasis for the cover of next month's bulletin – stay tuned!

Health & Safety and Safeguarding

As part of ensuring our continued compliance with all our statutory and legal duties, the trustees have recently implemented a review and update of our existing Health & Safety and Safeguarding policies. A comprehensive health and safety inspection was undertaken in March which is now leading to new fire extinguishers and blankets being installed on Monday 8th July together with a number of other improvements. If you note anything which could pose a risk to anyone around the church or grounds, please talk to Nicholas Mathewson, our Starosta and Health & Safety Officer or Fr Mark. James Bones has kindly agreed to be our Parish Safeguarding Officer who will work with Fr Mark to ensure the implementation of our Safeguarding policy so that the church is a safe place for all parishioners, children and visitors. A copy of our Safeguarding Policy will be put up on the church website and a new poster with contact information around safeguarding will be displayed in the porch.



PARISH & COLLEGIATE CHURCH OF THE IKON OF THE THEOTOKOS:

JULY 2024

Saturday 6th July

7.30pm ~ Great Vespers & Confessions

Sunday 7th July

(All Saints of Rus | Nativity of St John the Baptist | St John the Wonderworker)

10.10am ~ Hours & Divine Liturgy

Wednesday 10th July

7.30pm ~ Moleben to Theotokos: Joy of All Who Sorrow

Thursday 11th July

7.30pm ~ Vespers with Lita

Friday 12th July

✠ (Feast of Sts Peter & Paul) ✠

10.10am ~ Hours & Divine Liturgy

Saturday 13th July

7.30pm ~ Great Vespers & Confessions

Sunday 14th July

(All Saints of British Isles)

10.10am ~ Hours & Divine Liturgy

Wednesday 17th July

No service Fr Mark in London

Saturday 20th July

7.30pm ~ Great Vespers & Confessions

Sunday 21st July

(Kazan Ikon of the Theotokos)

10.10am ~ Hours & Divine Liturgy

Wednesday 24th July

7.30pm ~ Panikhida

Saturday 27th July

7.30pm ~ Great Vespers & Confessions

Sunday 28th July

(Holy Fathers of the First Six Oecumenical Councils | St Swithun)

10.10am ~ Hours & Divine Liturgy

Wednesday 31st July

7.30pm ~ Moleben to St Seraphim of Sarov

For all other services and pastoral needs & inquiries please contact Priest Mark Tattum-Smith on:
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