



“Joy of All Who Sorrow”

No. 171 July, 2023



‘We can say [the Jesus] prayer in any place and in any time of our life, even at school, at work, at the store, at the art studio; we can say it in the hidden depths of our heart. And Jesus Christ, Who is always present in our life, listens to our prayer dedicated to His Holy Name.’

Archimandrite Sofian (Boghiu) + 2002

A Pastoral Word from Fr Mark

PETER & PAUL

Please note that the Feast of Sts Peter and Paul is rapidly approaching on Wednesday 12 July. This feast marks the triumphant end of the Apostles' Fast, and although it is a weekday, I hope that some of you will make an effort to come to the Divine Liturgy if you are able to. I have a template for writing letters to schools and am happy to do this if you would like to take your child out of school to attend the feast. I would expect that those who are unable to make the liturgy will try to come to the Vespers service on Tuesday 11 July.

HOMILIES & LIVES OF THE SAINTS NOW UPLOADED WEEKLY

Following some further webdesign work, we have now added a blog channel to the Parish's website. We will keep this updated with the Sunday homily as well as Dcn Andrew's weekly summary of the lives of the saints. From time to time we may also post articles on other subjects. To see the new blog please click [here](#).

PARISH WHATSAPP GROUP & TELEGRAM CHANNEL

The parish has had a [public Facebook page](#) for some time which now has over 1k likes and followers. To compliment this we have just launched a private Parish Whatsapp Group which will be restricted to parish members as well as a [public Telegram Channel](#). To request to join the Parish Whatsapp Group, please message Fr Mark on 07592482732. You can subscribe to the Telegram Channel by clicking on the above link.

NO LITURGY ON 6TH AUGUST

Advanced notice that Fr Mark and family will be away on Sunday 6th August. At the time of writing there is no priest available to cover. There will still be a service at our church in Mettingham with the Hours & Typika beginning at 10.30am.

REGULAR OFFERTORY GIFTS TO THE CHURCH

Just a reminder that the parish is always in need of regular staples to enable the Liturgy and services to function. We would be particularly grateful for donations of the following -



- **Mavrodaphne of Patra Sweet Red Wine**

This is the Communion wine that we use at Mettingham. It costs between £6 - £7 per bottle. We are generally using approximately 3 bottles per month.

- **Olive Oil (not extra-virgin)**

This is the cleanest and best oil to use in the lamps. This doesn't need to be especially expensive olive oil and supermarket own-brand bottles are quite acceptable.

- **Spring Water (1.5 – 2l bottles)**

We use fresh spring water for the hot water that is used for zapivka as well as in the chalice. Again, this doesn't need to be especially expensive spring water and can be supermarket own-brand.

Notes & Jottings



ST BOTOLPH'S PILGRIMAGE

With the blessing of Bishop Irenei, on Saturday 24th June, it was a great joy to resume our annual pilgrimage to St Botolph's church in Iken following the pandemic. Concelebrating at the moleben with Fr Mark and Deacon Andrew was Fr Evgeny Selensky, from the Sourozh Diocese, and Fr Mark Shillaker from St Helen's Parish in Colchester. It was wonderful to see that the church was full with pilgrims coming from as far as Telford, Peterborough and Walsingham. After singing the Akathist to the saint, the faithful were able to venerate the parish's beautiful icon of St Botolph as well as a reliquary of different saints which had been kindly gifted earlier in the day by the ikonographer George Ioannou who was also present at the service. After the pilgrims had had the chance to venerate the ikon, relics as well as the ancient Anglo-saxon cross shaft at the back of the church, they were then invited to the home of the church warden Louise Cooke who provided a generous buffet lunch. This gave the weary pilgrims time to talk to each other in Louise's beautiful grounds with its stunning views across the River Alde. Particular thanks to Louise and Paul Cooke for their wonderful hospitality. The parish hope to return to Iken again next year on or around the last Saturday in June.

NAMEDAYS

To all who are celebrating a nameday at this time, we send congratulations and wish you

Many Years!

2 July – **St John the Wonderworker** - William John Stewart

9 July – **St Dionysii, Archbishop of Suzdal** – Dionysii (Dedier) Dembri

12 July – **Holy Apostles Peter & Paul** – Archpriest Paul Elliott, Peter Bauer Smith, Peter Jermy

18 July – **New Martyr Abbess Elizabeth** – Elizabeth Tattum-Smith

18 July – **St Athanasius of Mt Athos** – Athanasius (Martin) Darbyshire

24 July – **St Olga of Kiev** – Olga Ward, Olga Jermy

28 July – **St Vladimir of Kiev** – Vladimir de Beer

30 July – **Great Martyr Marina of Antioch** – Marina Jermy, Marina Andrews



PARISH & COLLEGIATE CHURCH OF THE MOTHER OF GOD
JOY OF ALL WHO SORROW

JULY 2023

Saturday 1st July

7.30pm ~ Vigil

Sunday 2nd July

(St John the Wonderworker)

10.10am ~ Hours & Divine Liturgy

Wednesday 5th July

6.30pm ~ Moleben & Confessions

Saturday 8th July

7.30pm ~ Vigil

Sunday 9th July

(Tikhvin Ikon of the Theotokos & Blessing for Married Couples)

10.10am ~ Hours & Divine Liturgy

Tuesday 11th July

7.30pm ~ Vigil

✕ Wednesday 12th July ✕

Feast of the Holy Apostles Peter & Paul

10.10am ~ Hours & Divine Liturgy

Saturday 15th July

7.30pm ~ Vigil

Sunday 16th July

(Martyr Hyacinth)

10.10am ~ Hours & Divine Liturgy

Wednesday 19th July

6.30pm ~ Moleben & Confessions

Saturday 22nd July

7.30pm ~ Vigil

Sunday 23rd July

(St Antony of Kiev Caves)

10.10am ~ Hours & Divine Liturgy

Wednesday 26th July

6.30pm ~ Moleben & Confessions

Saturday 29th July

7.30pm ~ Vigil

Sunday 30th July

(Fathers of the First Six Oecumenical Councils)

10.10am ~ Hours & Divine Liturgy