



# *“Joy of All Who Sorrow”*

No. 168 April, 2023



*“We must always try to be in good spirits  
and joyful, for the demons want us to be  
sad all the time.”*

(Elder Thaddeus + 2003)

## *A Pastoral Word from Fr Mark*

### **AGM**

After lunch on Sunday 26 March, the Sunday of the Cross, the parish had its first AGM. The meeting began with prayer and Fr Mark invited Fr Dcn Andrew to give an historical overview of the creation of the community and the vision of his late wife, Mary Bond our foundress. Fr Mark then proposed Maria Dive as Starosta and Daniel Price as Secretary-cum-Treasurer which was universally accepted with no objections. Fr Mark will now formally write to Vladyka Irenei asking for this proposal to be formally approved by him. Many different items were discussed covering practical topics such as the timing of church services, managing confessions, to the possibility of new mid-week services as well as potential plans for pilgrimages and ways of reaching out to new people. Fr Mark expressed his gratitude to all who made a special effort to attend the AGM and for the peaceful and constructive tone of the discussions before ending the meeting with a prayer.

### **HOLY WEEK SERVICES**

Please note that our Holy Week Services are now published. We are experimenting with a slightly earlier start time of 6.30pm to see if this makes the services more accessible, especially for those with children or who are coming from some distance.

### **BRIGHT FRIDAY IN WALSINGHAM**

With the blessing of Bishop Irenei, and at the request of Hieromonk Mark, on **Bright Friday 20 April**, Fr Mark will be concelebrating with Archpriest Raphael Armour in the Orthodox Shrine Chapel for its Patronal Feast in honour of the Theotokos the Life-giving Spring. The Paschal Hours are due to start at 9.30am with the Divine Liturgy starting at 10am. Afterwards there will be a festal lunch in the Orangery.

## *Notes & Jottings*

### **GIFTS**

James Bones has kindly donated an ikon of his name saint, St James of Persia, which is now installed in the church. Viktor Levine has donated a chainsaw, for use in the grounds, and has repaired two domestic standard lamps. May God bless them for their kindness.

### **PASCHA**

The sending of Christmas cards, for many people, is now virtually a secular ritual devoid of religious significance. Whilst the sending of Easter cards is much less common, it is specifically Christian. Cards depicting our new Resurrection Ikon are available in packs of five, complete with envelopes, at £1.50 per pack.

### **NAMEDAYS**

To all who are celebrating a nameday at this time, we send congratulations and wish you

*Many Years!*

2 April – **St Photini (Svetlana) of Samaria** – Svetlana Noakes, Svetlana ?

8 April – **Holy Martyr Alla in Crimea** – Alla Steel

14 April – **St Mary of Egypt** – Maria Dive

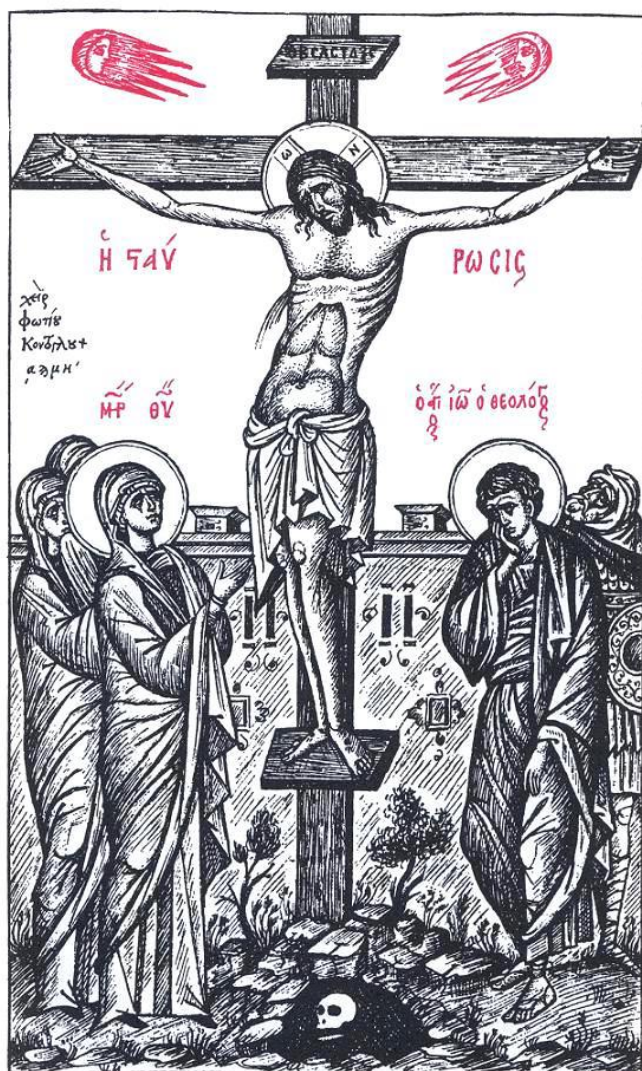
16 April – **Pascha** – Anastasia Price

20 April – **St Daniel of Pereyaslavl** – Daniel Dembri



The Collegiate & Parish Church of the Ikon of the Mother of God  
*Joy of All Who Sorrow*, Low Road, Mettingham, Suffolk, NR35 1TP  
Tel: (01986) 895176 [www.mettingham.org.uk](http://www.mettingham.org.uk)

## Holy Week Schedule 2023



### **Saturday 8 April – Lazarus Saturday**

7.30pm – Vespers & Litia

### **Sunday 9 April – Palm Sunday**

10.10am – Hours & Festal Liturgy

2.30pm approx. – Bridegroom Matins

### **Monday 10 April - Great & Holy Monday**

6.30pm – Bridegroom Matins

### **Tuesday 11 April - Great & Holy Tuesday**

3pm – 9<sup>th</sup> Hour & Liturgy of the Presanctified

6.30pm – Bridegroom Matins

### **Wednesday 12 April – Great & Holy Wednesday**

6.30pm - Matins

### **Thursday 13 April – Great and Holy Thursday**

10.10am – 9<sup>th</sup> Hour & Vespertal Liturgy

6.30pm - Matins: The Twelve Gospels Service

### **Friday 14 April – Great and Holy Friday**

10.30am - Royal Hours

4.30pm - Great Vespers with the bringing out of the Shroud (*Epitaphios/plashchanitsa*)

*Followed by Confessions / Light Refreshments*

6.30pm – Matins: The Burial Service of Christ

### **Saturday 15 April – Great and Holy Saturday**

10.30am – Great Vespers with 15 readings

11.30pm - Midnight Office and Procession

### **✠ Sunday 16 April – Radiant Feast of Pascha ✠**

12 Midnight – Paschal Matins & Divine Liturgy

3pm – Paschal Vespers followed by Easter Party

#### **Confessions & Blessing of Easter Baskets**

*Confessions will be heard following each service or by arrangement with Fr Mark who can be contacted on (01502 716914 / 07592482732 / [marktattumsmith@gmail.com](mailto:marktattumsmith@gmail.com)). I would ask that all parishioners try and have confession at one of the services prior to Easter night so that this slot can then be given to visitors and those who attend less regularly.*

*Easter baskets will be blessed at the **end** of the Paschal Liturgy in the early morning of Sunday 16<sup>th</sup> April as well as at the **end** of Paschal Vespers on Sunday afternoon.*



COLLEGIATE & PARISH CHURCH OF THE MOTHER OF GOD  
JOY OF ALL WHO SORROW

**APRIL 2023**

**Thursday 6 April**

*7.30pm ~ Vigil*

**Friday 7 April**

**(Annunciation of our Lady the Theotokos)**

**10.10am ~ Vesperal Divine Liturgy**

**Saturday 8<sup>th</sup> April**

*7.30pm ~ Vigil*

**Sunday 9<sup>th</sup> April**

**(Palm Sunday)**

**10.10am ~ Hours & Divine Liturgy**

*2.30pm approx. – Bridegroom Matins*

*Please see Holy Week Schedule for services from Holy Monday – Holy Saturday*

**Sunday 16<sup>th</sup> April**

**(✠ PASCHA ✠)**

**12am – Procession, Paschal Matins & Divine Liturgy**

**3pm ~ Paschal Vespers & Easter Party**

**Saturday 22<sup>nd</sup> April**

*7.30pm ~ Vigil*

**Sunday 23<sup>rd</sup> April**

**(Thomas Sunday)**

**10.10am ~ Hours & Divine Liturgy**

**Monday 24<sup>th</sup> April**

*7.30pm ~ Vigil*

**Tuesday 25<sup>th</sup> April**

**(Radonitsa)**

**10.10am ~ Hours & Divine Liturgy followed by Paschal Panikhida**

**Saturday 29<sup>th</sup> April**

*7.30pm ~ Vigil*

**Sunday 30<sup>th</sup> April**

**(Sunday of the Myrrh-bearing women)**

**10.10am ~ Hours & Divine Liturgy**