



“Joy of All Who Sorrow”

No. 143 February, 2021



*“No one can heal me, except He Who knows
the depth of the heart”*

St Ephrem the Syrian

Notes & Jottings

COMMON ROOM

We might imagine that provision of facilities for social activities is not high on the agenda at the moment. However, we trust that in His mercy God will allow the circumstances to improve, because even the Black Death abated. Thus we slowly move forward with the longstanding plan which is designed to serve the community in the long-term. Sincere thanks to all who have donated to Mettingham Orthodox Trust recently. All monies for the Common Room are being carefully saved. Gift Aid forms are available on request.

LOOKING AHEAD

It seems unlikely that parties of pilgrims to us, or our pilgrimages to St Botolph or other holy sites, will be able to resume this summer. Meanwhile, we are moving towards Great Lent. The Sunday of the Publican and Pharisee is on 21 February this year and is followed by a week that is free of all fasting. Two weeks later (7 March) we arrive at the Sunday commonly known as Meat-fare, which is the last day for eating meat before Easter. The week following is Cheese-fare Week when pancakes and dairy foods are eaten every day, including Wednesday and Friday. Forgiveness Sunday is on 14 March and the following day, Monday 15 March is the first day of Great Lent.

CARDS

Don't forget that ideas and designs for greetings cards (for namedays and/or anniversaries) and for Christmas cards are still needed. Any ideas? Also, a Paschal Ikon has been commissioned from Efrem Carrasco. Whilst we hope to take delivery of this before Easter, there might not be time to print cards of it. The Paschal ikon cards that we published some years ago are now out of print and we plan, God willing, to produce cards of the new ikon.

NAMEDAYS

To all who are celebrating a nameday at this time, we send congratulations and wish them:

Many Years!

- 1 February – **St Mark of Ephesus** – Hieromonk Mark
- 3 February – **St Maximos the Confessor** – Maxim Sarmulis
- 13 February – **St Victor of Corinth, Martyr** – Viktor Levine
- 21 February – **St Theodore Stratelates** – Tudor-Daniel Costec
- 26 February- **St Zoe of Bethlehem** – Zoe Andrews



COLLEGIATE & PARISH CHURCH OF THE MOTHER OF GOD
JOY OF ALL WHO SORROW

FEBRUARY 2021

Sunday 7 February

**10.10am ~ Hours and Divine Liturgy
(Sunday of the New Martyrs & Confessors of Russia)**

Sunday 14 February

**10.10am ~ Hours and Divine Liturgy
(Forefeast of the Meeting of the Lord)**

✠ Tuesday 15 February ✠

**10.10am ~ Hours and Festal Liturgy
(Meeting of the Lord in the Temple)**

Sunday 21 February

**10.10am ~ Hours and Divine Liturgy
(Sunday of the Publican & the Prodigal)**

Sunday 28 February

**10.10am ~ Hours and Divine Liturgy
(Sunday of the Prodigal Son)**

Please note: For more information and instructions on Confession, Holy Communion & other sacraments /services during the current pandemic, please contact Fr Antony directly on: (01986) 892077