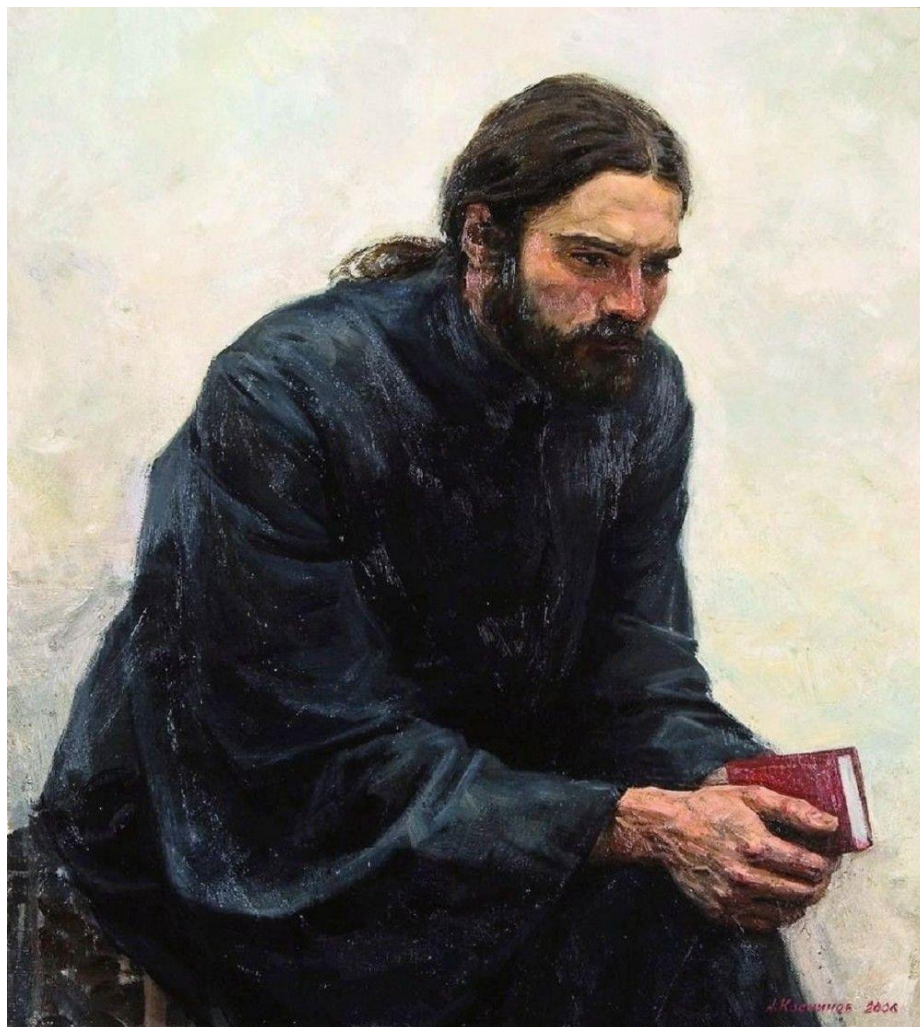




# *“Joy of All Who Sorrow”*

No. 160 August, 2022



*“Three things are needed for salvation.  
First: patience; second: patience; third:  
patience.”*

Elder Cleopa (Ilie) +1998

# Notes & Jottings

## WORKS AROUND THE COLLEGE

Work on the essential repairs to the fabric of the house has begun. This will make the walls and windowsills sound to enable the painting of the exterior before the winter is once more upon us. Also, we've been creosoting all the exterior woodwork to prevent damage by damp during the winter months. At the moment we are experiencing a period of dry weather which, for these purposes, is welcome.

## LOOKING AHEAD

We have two new Christmas card designs under consideration to further increase the range of cards available. We hope to get this settled and into the printers in August. We will then be ready in good time to get the advertising organised.

## CYCLE DAY

Suffolk Historic Churches Trust is holding the annual fund-raising event on Saturday 10 September. People are sponsored on this day to visit churches and the money raised is used for restoration projects on various historic buildings. Our church will be open, as it is every day. This does bring a few more visitors to our church.

## GIFT AID

Although the Mettingham Orthodox Trust has been registered with the Charity Commission for many years now, for a variety of reasons there has been some delay in our gaining formal recognition with the HMRC so that we are able to benefit from Gift Aid. Over the past week we have received formal confirmation from HMRC that we are now able to claim gift aid on all donations made by UK tax payers over the past four years. Thus, if you have made a donation to the church in recent years, or if you make a regular donation to the Trust and have not filled out our gift aid form please [click on the link](#) and send this to us.

## FR ANTONY'S HEALTH

Unfortunately, Fr Antony was urgently admitted into the Norfolk and Norwich Hospital following what appears to be gallstone pancreatitis and has thus been unable to serve the Liturgy for the past couple of weeks. For each Sunday that Fr Antony is unable to serve, we still have the Hours & Typika. If you want to clarify whether there will be Holy Communion, please contact us for the latest update.

## NAMEDAYS

To all who are celebrating a nameday at this time we send congratulations and wish you:

*Many Years!*

- 1 August – **St Seraphim of Sarov** – Seraphima Dembri, Serafima Hopper, Seraphim Collins
- 4 August – **St Mary Magdalen** – Mary Tattum-Smith, Maria (Miriam) Dembri
- 6 August – **Sts Boris & Gleb** – Boris Jermy, Gleb Jermy
- 7 August – **Dormition of St Anna** – Anya Moss
- 10 August – **St Irene Chrysovolantou of Cappadocia** – Irina Dembri
- 13 August – **St Joseph of Arimathea** – Joseph Fitzpatrick
- 14 August – **St Cennydd of Llangenydd** – Kenneth Lock
- 21 August – **St Gregory of the Kiev Caves** – Archpriest Gregory Butler



COLLEGIATE & PARISH CHURCH OF THE MOTHER OF GOD  
*JOY OF ALL WHO SORROW*

**AUGUST 2022**

**Saturday 6<sup>th</sup> August**

*7pm ~ Vigil*

**Sunday 7<sup>th</sup> August**

**(Dormition of Anna, the Mother of the Theotokos)**

**10.10am ~ Hours & Divine Liturgy or Hours & Typika**

**Saturday 13<sup>th</sup> August**

*7pm ~ Vigil*

**Sunday 14<sup>th</sup> August**

**(Procession of the Life Giving Cross & St Aethelwold)**

**10.10am ~ Hours & Divine Liturgy or Hours & Typika**

**Thursday 18<sup>th</sup> August**

*7pm ~ Vigil*

**Friday 19<sup>th</sup> August**

**(Transfiguration of our Lord & Saviour Jesus Christ)**

**10.10am ~ Hours & Divine Liturgy (tbc)**

**Saturday 20<sup>th</sup> August**

*7pm ~ Vigil*

**Sunday 21<sup>st</sup> August**

**(St Emilian, Bishop of Cyzicus)**

**10.10am ~ Hours & Divine Liturgy or Hours & Typika**

**Saturday 27<sup>th</sup> August**

*7pm ~ Vigil*

**Sunday 28<sup>th</sup> August**

**(Dormition of the Theotokos)**

**10.10am ~ Hours & Divine Liturgy or Hours & Typika**