



“Joy of All Who Sorrow”

No. 127 June 2019



“If the poison of pride is swelling up in you, turn to the Eucharist; and that Bread, Which is your God humbling and disguising Himself, will teach you humility. If the fever of selfish greed rages in you, feed on this Bread; and you will learn generosity. If the cold wind of coveting withers you, hasten to the Bread of Angels; and charity will come to blossom in your heart. If you feel the itch of intemperance, nourish yourself with the Flesh and Blood of Christ, Who practiced heroic self-control during His earthly life; and you will become temperate. If you are lazy and sluggish about spiritual things, strengthen yourself with this heavenly Food; and you will grow fervent. Lastly, if you feel scorched by the fever of impurity, go to the banquet of the Angels; and the spotless Flesh of Christ will make you pure and chaste.”

Saint Cyril of Alexandria (378-444)

Collegiate Church of the Ikon of the Mother of God: Joy of All Who Sorrow

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NOTES & JOTTINGS



DIOCESAN PILGRIMAGE TO ST ALBAN'S

On Saturday 11 May, members of the *Joy of All Who Sorrow* community attended the annual diocesan pilgrimage. This year we were once again back at St Alban's for a liturgy and moleben in honour of our country's Protomartyr. As usual, we were able, during the moleben, to venerate the relics of the saint, which were finally returned to the cathedral several years ago. The event was very well attended, not only by members of ROCOR, but by many from other jurisdictions as well, and it was estimated that there were nearly two hundred people in total. As well as attending the services, the Faithful also enjoyed being in the pleasant environs of the cathedral, and the somewhat changeable weather held out for long enough to enable our usual outdoor lunch.

MARCH FOR LIFE 2019

On the same day as the pilgrimage, the annual March for Life event took place in London. For the past three years, the Orthodox presence at this event has been growing, and we are pleased to report that this year there were more Orthodox than ever. Of course, had the date not happened to clash, there would have been more, and we are trying to ensure that this doesn't happen again.



BANK HOLIDAY WEEKEND

On the Spring Bank Holiday weekend, the Levine family, Viktor, Elena and Timothy, complete with chainsaw and other tools, made one of their periodic visits to Mettingham. They worked tirelessly cutting up logs for the fires in the house. Our extensive grounds generate a lot of firewood from fallen trees and dead branches. Much of this had been on the ground for some considerable time and so the wood is well seasoned. Also, Tim completed the work of extending the tiling in one of the bathrooms. May God bless them for all their strenuous efforts.

PASCHAL IKON

Over the years many ikon cards have been published. The Paschal Ikon, Descent into Hades, was popular as a greeting card. The print-run is now completely exhausted. That ikon (we never had the original) was produced by St Seraphim's Studio in Walsingham. Now, we've taken the

decision to commission a new Paschal ikon, from Efrem Carrasco, for our church. This will be photographed and published as a card, hopefully in time for Easter next year.

WEBSITE

Apologies are due to any customers who have tried to order various titles through our website, only to discover that they are no longer available. When we first started selling books in the 1970s, things were very different. These were pre-internet days and people in this country found it difficult to get books, many of which were published in America. Now we are obliged to rethink the whole strategy of book-selling. No decisions have yet been taken. Whilst we do not want to stop stocking books, it is necessary to find a way to do this that makes economic sense. For the most part, we only stock ikon cards that we actually publish. This means we control the availability. In addition to the Paschal ikon, the ikon card of Christ with six local saints and the Our Lady of Walsingham card are currently out of print.

OUR ANNUAL PILGRIMAGE TO ST BOTOLPH'S IKEN, SATURDAY 22 JUNE, 11AM

We have been rather late confirming arrangements for our annual pilgrimage to St Botolph's church in Iken this year. **However, we can now confirm that, with the blessing of Vladyka Irenei, the pilgrimage will be going ahead on Saturday 22 June at 11am.** We will serve a moleben with the Akathist to St Botolph and after some time to look around this ancient and holy place we will then proceed to a picnic lunch hosted by the church warden, Annabel Chamberlain. **Out of consideration to our kind hosts, for catering purposes, it would be very much appreciated if you could let Fr Dcn Mark know if you would like to come by email – tattumsmith@gmail.com or phone – 01502 716914.** Please feel free to pass on the details of this event to anyone who you think may be interested. A poster for the event can be found below.

PILGRIMAGE TO CROWLAND

The Parish of St Columba and St Kentigern will be making their annual pilgrimage to Crowland Abbey in honour of St Guthlac on Saturday 15 June with the Divine Liturgy starting at 11am. After the liturgy, a moleben to St Guthlac will be held and there will be an opportunity to venerate the skull of St Theodore, who was martyred with the rest of the brethren of the monastery in 869AD.

NAMEDAYS

We send greetings to all who are celebrating a nameday at this time and wish them:

MANY YEARS!

3 June – **Sts Constantine & Helen** –

Matushka Helen Bardsley, Elena Levine,

Subdeacon Constantine Bell

9 June – **St Melangell** – Nun Melangell

30 June – **St Botolph of Iken** – Reader Botolph Beavis



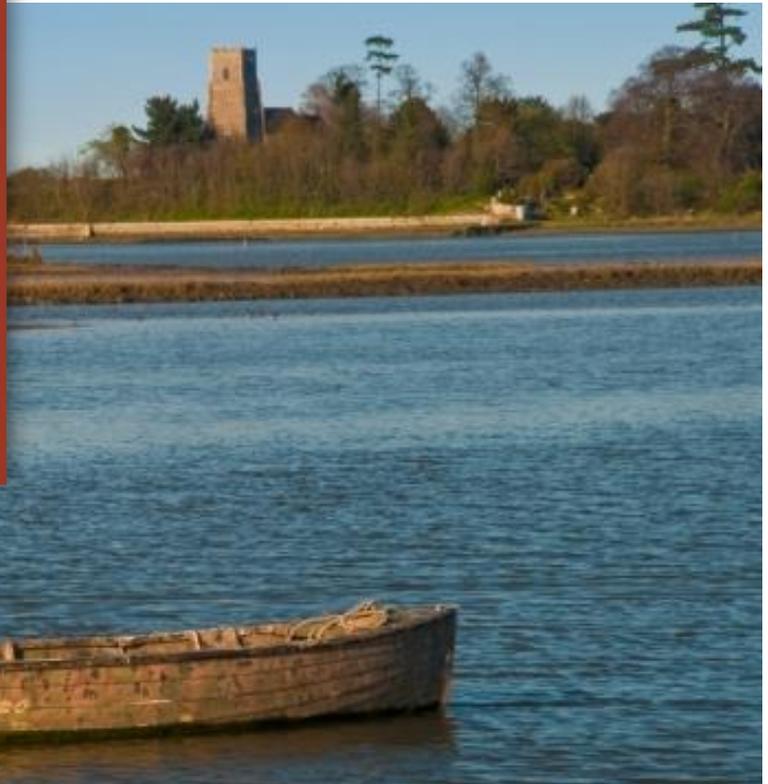
The Collegiate Church

of the Ikon of the Mother of God

Joy of All Who Sorrow



Invites you to ...



**An Orthodox Pilgrimage to
St Botolph's Church, Iken
Church Lane, IP12 2ES**

**On Saturday 22 June, 2019 @ 11am
Moleben with Akathist to St Botolph
*followed by a buffet lunch***

Out of consideration to our hosts, for catering purposes, it would be much appreciated if you could contact Fr Dcn Mark on (01502) 716914 or tattumsmith@gmail.com if you would like to come.



COLLEGIATE CHURCH OF THE MOTHER OF GOD
JOY OF ALL WHO SORROW

JUNE 2019

Saturday 1 June

7.30pm ~ Vigil

Sunday 2 June

10.10am ~ Hours and Divine Liturgy (Sunday of the Blind Man)

Wednesday 5 June

7.30pm ~ Vigil

Thursday 6 June (Ascension of the Lord)

10.10am ~ Hours and Festal Liturgy

Saturday 8 June

7.30pm ~ Vigil

Sunday 9 June

10.10am ~ Hours and Divine Liturgy (Fathers of the 1st Oecumenical Council)

Saturday 15 June

7.30pm ~ Vigil

Sunday 16 June (Pentecost)

10.10am ~ Hours and Divine Liturgy

Saturday 22 June

11am Pilgrimage to St Botolph's Church, Iken

Moleben with Akathist followed by picnic lunch

Please confirm attendance to Fr Mark tattumsmith@gmail.com / 01502 716914

7.30pm ~ Vigil

Sunday 23 June (All Saints)

10.10am – Hours & Divine Liturgy

Saturday 29 June

7.30pm ~ Vigil

Sunday 30 June (All Saints of Russia)

10.10am - Hours & Divine Liturgy